Jeff: It's Jeff Around Town. It's an early Sunday morning and I'm walking along Omaha's riverfront in the rain. I was sitting at home sipping a good cup of coffee and reading a book and the rain was falling outside, and it was so cozy inside but also something called to me to come to the river to go for a little stroll in the rain. There was a little lightning and thunder. I have been hit by lightning so I'm very, very hyper aware of bad storms but I checked the radar, and it looked like the worst of it was off to the south so I thought I'm gonna get out of my comfort zone. I'm gonna go for a walk.

There was just something about nature calling to me. How about for you? What does that think for you? Is it to go for a hike? Is it to walk along a river to sit by a lake to go fishing? Maybe check out a different coffee shop than the one you're used to. Right now, there's no one else around.

Earlier I saw someone picking up trash along the riverfront. I saw a guy on a lime scooter in a suit, no umbrella, riding along getting soaking wet and I saw a jogger a few moments ago too. I heard a plane taking off at Eppley Airfield and I was wondering just imagining, daydreaming where are all those passengers off to? Are they off to visit a loved one? Are they maybe off to a funeral? Are they off to have some great adventure someplace in Chicago or New York or California or maybe Europe? What are they thinking about? What are they dreaming of? What are you dreaming of? So, what does that think for you?

Right now, the rain is falling on my umbrella. It's kind of melancholy but in a beautiful way sort of like a Chopin piece. To just walk. To walk in a little bit of a meditation.

And now I'm hearing thunder and it does seem like it's a little closer than I expected. So, I may cut this short and head back to my car. I don't normally get this opportunity to do this because I'm with you Monday through Friday early in the morning playing music. So, I took this opportunity. What opportunities can you take for yourself for even just a few minutes? I hope you have some wonderful adventure or a moment to yourself this week. This is Jeff Koterba on Jeff Around Town.